



## NEW RIVER RESOURCES



### CUSTOM DESIGNED WORKSHOPS & PROJECTS

These are developed with your group to meet your needs and aspirations.

### YOUTH WORKSHOPS

For youth in leadership or facing life issues such as end of school, starting tertiary study, relationships, moving away from home, these explore:

- what is my purpose?
- what sustains me?
- how can I use my life to make a difference?

### RETREATS & REFLECTION

One and two day retreats tailored to the hopes and needs of your team, these offer a reflective context to explore:

- clarity of purpose, sense of self
- personal integrity
- supportive relationships
- balance and boundaries
- spiritual foundations

### SPIRIT JOURNEYS

Based in Australian wilderness areas, these are run several times per year for specific groups. Throwing us on our own resources, they help us know ourselves more fully and get perspective on our lives.



New River Resources is dedicated to helping individuals, organisations and communities grow leadership capacity and strong personal foundations and make a positive difference where they are!

## Contact NewRiver

### GENERAL INFORMATION

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# welcome to NewRiver

## Approach

- we are not about creating superheroes
- leadership is a contribution not a position
- leadership from head or foot of the table
- focus on strengths
- leadership involves many contributions
- leadership is nearly always collaborative
- no one person brings all needed strengths
- empowering others empowers us all
- we must understand dynamics of change
- it is always a question of purpose
- leadership involves an inner journey
- hope is a central ingredient of change

Take time to grow your strengths in a supportive environment if you want to:

- maximise your own capacities
- help others to do the same
- make a positive difference where you are

## Aims

To equip people and teams to bring about constructive, effective and sustainable change through:

- understanding complex dynamics of change
- responding effectively and strategically
- identifying and develop leadership strengths
- growing skills to make a difference
- developing self-awareness and resilience
- cultivating firm foundations for the journey
- thriving through personal reflection
- supporting those involved with the marginalized – local or more global
- nurturing relationships and partnerships
- building capacity, resilience and direction

## Activities

### NEW RIVER LEADERSHIP INTENSIVES

Either offered for the general public or commissioned by your group, these include:

- sequenced, experiential action/reflection
- personal reflection and life integration

- 2 day blocks, spaced over 4 – 6 months
- additional readings, mentoring
- field visits, group exercises
- mutual mentoring and sharing
- preparatory readings
- building your own leadership resources
- daily themes, personal foundations

### NEW RIVER SCHOOLS

Experiential strength based leadership programs engaging all, these include:

- extended making a difference student programs
- extended making a difference staff intensives
- practical stand-alone student workshops
- practical stand-alone staff workshops
- developing cultures of empowerment

### NEW RIVER WORKSHOPS

#### *1 day: Lead with Your Strengths*

For people who are interested in or involved in any form of leadership, this explores:

- empowering an effective team
- participants' own leadership strengths
- growing leadership strengths of others

#### *1 day: Leading in Times of Change*

For people who are in positions of responsibility, this explores:

- leadership in times of change or possibility
- how all can deal with change or possibility
- leadership beyond management
- dealing with uncertainty and fear
- what is going on deeply for people
- balancing of risk and safety
- pacing change, growing shared directions
- opening opportunities in what is emerging

#### *2 day: Leadership Training*

An empowering two day training initiative for staff and teams seeking to make the most of their leadership capacities within complexity, this workshop integrates the *Lead with Your Strengths* and *Leading in Times of Change* workshops.